

# **The Community of St Stephen Walbrook**



## **Morning Prayer**

### ***The Book of Common Prayer***

**9.00 am Wednesday 25th January 2023**

**The Conversion of Saint Paul**

***Free dial-in on 0330 9981 320 - access code: 464351#***

## ***Introduction***

Beloved, we are come together in the presence of almighty God and of the whole company of heaven to offer unto him through our Lord Jesus Christ our worship and praise and thanksgiving; to make confession of our sins; to pray, as well for others as for ourselves, that we may know more truly the greatness of God's love and shew forth in our lives the fruits of his grace; and to ask on behalf of all men such things as their well-being doth require. Wherefore let us sit in silence, and remember God's presence with us now.

**Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.**

O Lord, open thou our lips.

**And our mouth shall shew forth thy praise.**

O God, make speed to save us.

**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost;

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Praise ye the Lord.

**The Lord's Name be praised.**

## ***The Venite – Psalm 95***

**O come, let us sing unto the Lord :**

**let us heartily rejoice in the strength of our salvation.**

**Let us come before his presence with thanksgiving :**

**and show ourselves glad in him with psalms.**

**For the Lord is a great God :**

**and a great King above all gods.**

**In his hand are all the corners of the earth :**

**and the strength of the hills is his also.**

**The sea is his, and he made it :**

**and his hands prepared the dry land.**

**O come, let us worship and fall down :**

**and kneel before the Lord our Maker.**

**For he is the Lord our God :**

**and we are the people of his pasture, and the sheep of his hand.**

**Glory be to the Father, and to the Son :**

**and to the Holy Ghost;**

**As it was in the beginning, is now, and ever shall be:**

**world without end. Amen.**

**Psalm 119 vv33-40 V Legem pone**

- 33 Teach me, O Lord, the way of thy statutes \*  
and I shall keep it unto the end.
- 34 Give me understanding, and I shall keep thy law \*  
yea, I shall keep it with my whole heart.**
- 35 Make me to go in the path of thy commandments \*  
for therein is my desire.
- 36 Incline my heart unto thy testimonies \*  
and not to covetousness.**
- 37 O turn away mine eyes, lest they behold vanity \*  
and quicken thou me in thy way.
- 38 O stablish thy word in thy servant \*  
that I may fear thee.**
- 39 Take away the rebuke that I am afraid of \*  
for thy judgements are good.
- 40 Behold, my delight is in thy commandments \*  
O quicken me in thy righteousness.**

**Glory be to the Father, and to the Son :  
and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be :  
world without end. Amen.**

**First reading: Ezekiel 3.22-27**

And the hand of the Lord was there upon me; and he said unto me, Arise, go forth into the plain, and I will there talk with thee.

Then I arose, and went forth into the plain: and, behold, the glory of the Lord stood there, as the glory which I saw by the river of Chebar: and I fell on my face.

Then the spirit entered into me, and set me upon my feet, and spake with me, and said unto me, Go, shut thyself within thine house.

But thou, O son of man, behold, they shall put bands upon thee, and shall bind thee with them, and thou shalt not go out among them:

And I will make thy tongue cleave to the roof of thy mouth, that thou shalt be dumb, and shalt not be to them a reprover: for they are a rebellious house.

But when I speak with thee, I will open thy mouth, and thou shalt say unto them, Thus saith the Lord God; He that heareth, let him hear; and he that forbeareth, let him forbear: for they are a rebellious house.

**Second reading: Philippians 3.1-14**

Finally, my brethren, rejoice in the Lord. To write the same things to you, to me indeed is not grievous, but for you it is safe.

Beware of dogs, beware of evil workers, beware of the concision.

For we are the circumcision, which worship God in the spirit, and rejoice in Christ Jesus, and have no confidence in the flesh.

Though I might also have confidence in the flesh. If any other man thinketh that he hath whereof he might trust in the flesh, I more:

Circumcised the eighth day, of the stock of Israel, of the tribe of Benjamin, an Hebrew of the Hebrews; as touching the law, a Pharisee;

Concerning zeal, persecuting the church; touching the righteousness which is in the law, blameless.

But what things were gain to me, those I counted loss for Christ.

Yea doubtless, and I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord: for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ, And be found in him, not having mine own righteousness, which is of the law, but that which is through the faith of Christ, the righteousness which is of God by faith:

That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death;

If by any means I might attain unto the resurrection of the dead.

Not as though I had already attained, either were already perfect: but I follow after, if that I may apprehend that for which also I am apprehended of Christ Jesus.

Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

I press toward the mark for the prize of the high calling of God in Christ Jesus.

*Benedictus*

Blessed be the Lord God of Israel : for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us : in the house of his servant David;  
As he spake by the mouth of his holy Prophets : which have been since the world began;  
That we should be saved from our enemies : and from the hand of all that hate us.  
To perform the mercy promised to our forefathers : and to remember his holy Covenant;  
To perform the oath which he sware to our forefather Abraham : that he would give us;  
That we being delivered out of the hand of our enemies : might serve him without fear;  
In holiness and righteousness before him : all the days of our life.  
And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the  
Lord to prepare his ways;  
To give knowledge of salvation unto his people : for the remission of their sins,  
Through the tender mercy of our God : whereby the day-spring from on high hath visited us;  
To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the  
way of peace.

Glory be to the Father, and to the Son : and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Lord be with you.

**And with thy spirit.**

Let us pray.

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth  
as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them  
that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.

**And grant us thy salvation.**

O Lord, save the King.

**And mercifully hear us when we call upon thee.**

Endue thy Ministers with righteousness.

**And make thy chosen people joyful.**

O Lord, save thy people.

**And bless thine inheritance.**

Give peace in our time, O Lord.

**Because there is none other that fighteth for us, but only thou, O God.**

O God, make clean our hearts within us.

**And take not thy Holy Spirit from us.**

***The Collect of the day***

O God, who, through the preaching of the blessed Apostle Saint Paul, hast caused the light of the Gospel to shine throughout the world; Grant, we beseech thee, that we, having his wonderful conversion in remembrance, may shew forth our thankfulness unto thee for the same, by following the holy doctrine which he taught; through Jesus Christ our Lord. **Amen**

***The Second Collect, for Peace***

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

***The Third Collect, for Grace***

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

***Further Prayers***

***The Grace (2 Corinthians 13)***

**The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.**