

The Community of St Stephen Walbrook



Morning Prayer

The Book of Common Prayer

9.00 am Wednesday 8th December 2021

The Conception of the Blessed Virgin Mary

Free dial-in on 0330 9981 320 - access code: 464351#

Introduction

Beloved, we are come together in the presence of almighty God and of the whole company of heaven to offer unto him through our Lord Jesus Christ our worship and praise and thanksgiving; to make confession of our sins; to pray, as well for others as for ourselves, that we may know more truly the greatness of God's love and shew forth in our lives the fruits of his grace; and to ask on behalf of all men such things as their well-being doth require. Wherefore let us sit in silence, and remember God's presence with us now.

Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.

O Lord, open thou our lips.
And our mouth shall shew forth thy praise.

O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Praise ye the Lord.
The Lord's Name be praised.

The Venite – Psalm 95

**O come, let us sing unto the Lord :
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving :
and show ourselves glad in him with psalms.
For the Lord is a great God :
and a great King above all gods.
In his hand are all the corners of the earth :
and the strength of the hills is his also.
The sea is his, and he made it :
and his hands prepared the dry land.
O come, let us worship and fall down :
and kneel before the Lord our Maker.
For he is the Lord our God :
and we are the people of his pasture, and the sheep of his hand.**

**Glory be to the Father, and to the Son :
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
world without end. Amen.**

Psalm 40 (vv1-10) *Expectans expectavi.*

- 1 I waited patiently for the Lord *
and he inclined unto me, and heard my calling.
- 2 **He brought me also out of the horrible pit, out of the mire and clay *
and set my feet upon the rock, and ordered my goings.**
- 3 And he hath put a new song in my mouth *
even a thanksgiving unto our God.
- 4 **Many shall see it, and fear *
and shall put their trust in the Lord.**
- 5 Blessed is the man that hath set his hope in the Lord *
and turned not unto the proud, and to such as go about with lies.
- 6 **O Lord my God, great are the wondrous works which thou hast done, like as be also thy thoughts
which are to us-ward *
and yet there is no man that ordereth them unto thee.**
- 7 If I should declare them, and speak of them *
they should be more than I am able to express.
- 8 **Sacrifice, and meat-offering, thou wouldest not *
but mine ears hast thou opened.**
- 9 Burnt-offerings, and sacrifice for sin, hast thou not required *
then said I, Lo, I come,
- 10 **In the volume of the book it is written of me, that I should fulfil thy will, O my God *
I am content to do it; yea, thy law is within my heart.**

**Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :
world without end. Amen.**

First reading: Isaiah 31

Woe to them that go down to Egypt for help; and stay on horses, and trust in chariots, because they are many; and in horsemen, because they are very strong; but they look not unto the Holy One of Israel, neither seek the Lord!

Yet he also is wise, and will bring evil, and will not call back his words: but will arise against the house of the evildoers, and against the help of them that work iniquity.

Now the Egyptians are men, and not God; and their horses flesh, and not spirit. When the Lord shall stretch out his hand, both he that helpeth shall fall, and he that is holpen shall fall down, and they all shall fail together.

For thus hath the Lord spoken unto me, Like as the lion and the young lion roaring on his prey, when a multitude of shepherds is called forth against him, he will not be afraid of their voice, nor abase himself for the noise of them: so shall the Lord of hosts come down to fight for mount Zion, and for the hill thereof.

As birds flying, so will the Lord of hosts defend Jerusalem; defending also he will deliver it; and passing over he will preserve it.

Turn ye unto him from whom the children of Israel have deeply revolted.

For in that day every man shall cast away his idols of silver, and his idols of gold, which your own hands have made unto you for a sin.

Then shall the Assyrian fall with the sword, not of a mighty man; and the sword, not of a mean man, shall devour him: but he shall flee from the sword, and his young men shall be discomfited.

And he shall pass over to his strong hold for fear, and his princes shall be afraid of the ensign, saith the Lord, whose fire is in Zion, and his furnace in Jerusalem.

Second reading: Matthew 15.1-20

Then came to Jesus scribes and Pharisees, which were of Jerusalem, saying,

Why do thy disciples transgress the tradition of the elders? for they wash not their hands when they eat bread.

But he answered and said unto them, Why do ye also transgress the commandment of God by your tradition?

For God commanded, saying, Honour thy father and mother: and, He that curseth father or mother, let him die the death.

But ye say, Whosoever shall say to his father or his mother, It is a gift, by whatsoever thou mightest be profited by me;

And honour not his father or his mother, he shall be free. Thus have ye made the commandment of God of none effect by your tradition.

Ye hypocrites, well did Esaias prophesy of you, saying,

This people draweth nigh unto me with their mouth, and honoureth me with their lips; but their heart is far from me.

But in vain they do worship me, teaching for doctrines the commandments of men.

And he called the multitude, and said unto them, Hear, and understand:

Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man.

Then came his disciples, and said unto him, Knowest thou that the Pharisees were offended, after they heard this saying?

But he answered and said, Every plant, which my heavenly Father hath not planted, shall be rooted up. Let them alone: they be blind leaders of the blind. And if the blind lead the blind, both shall fall into the ditch.

Then answered Peter and said unto him, Declare unto us this parable.

And Jesus said, Are ye also yet without understanding?

Do not ye yet understand, that whatsoever entereth in at the mouth goeth into the belly, and is cast out into the draught?

But those things which proceed out of the mouth come forth from the heart; and they defile the man. For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:

These are the things which defile a man: but to eat with unwashen hands defileth not a man.

Benedictus

Blessed be the Lord God of Israel : for he hath visited and redeemed his people;
And hath raised up a mighty salvation for us : in the house of his servant David;
As he spake by the mouth of his holy Prophets : which have been since the world began;
That we should be saved from our enemies : and from the hand of all that hate us.
To perform the mercy promised to our forefathers : and to remember his holy Covenant;
To perform the oath which he sware to our forefather Abraham : that he would give us;
That we being delivered out of the hand of our enemies : might serve him without fear;
In holiness and righteousness before him : all the days of our life.
And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the
Lord to prepare his ways;
To give knowledge of salvation unto his people : for the remission of their sins,
Through the tender mercy of our God : whereby the day-spring from on high hath visited us;
To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the
way of peace.

Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Lord be with you.

And with thy spirit.

Let us pray.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth
as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them
that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.

And grant us thy salvation.

O Lord, save the Queen.

And mercifully hear us when we call upon thee.

Endue thy Ministers with righteousness.

And make thy chosen people joyful.

O Lord, save thy people.

And bless thine inheritance.

Give peace in our time, O Lord.

Because there is none other that fighteth for us, but only thou, O God.

O God, make clean our hearts within us.

And take not thy Holy Spirit from us.

The Collect of the day

Blessed Lord, who hast caused all holy Scriptures to be written for our learning; Grant that we may in such wise hear them, read, mark, learn, and inwardly digest them, that by patience and comfort of thy holy Word, we may embrace, and ever hold fast, the blessed hope of everlasting life, which thou hast given us in our Saviour Jesus Christ.

Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Ghost, one God, now and for ever.

Amen.

The Collect for Peace

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom; defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord.

Amen.

The Third Collect, for Grace

O Lord, our heavenly Father, almighty and everlasting God, who hast safely brought us to the beginning of this day; defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger, but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord.

Amen.

Further Prayers

Almighty God,
Your prophet of old foretold a day when a virgin would conceive and bear a son who would be called God-with-us.
Help us to look forward to your deliverance and to seek the fullness of your kingdom.

Amen

Your angel declared to Mary that she was to be the mother of the Saviour.
Help every Christian person to be open to your word and obedient to your will.

Amen

Mary rejoiced with Elizabeth and sang your praise, 'My soul proclaims the greatness of the Lord.'
Help us to live joyful lives that sing your praise.

Amen

Mary bore a son of David's line,
a king whose reign would never end.
Bless all the nations of the world with Christ's gift of peace.

Amen

The child Jesus grew in wisdom and stature in the home of Mary and Joseph.
Strengthen our homes and families,
and keep under your protection all those whom we love.

Amen

At the foot of the cross of Christ stood his mother,
and from the cross she received his lifeless body in her arms.
Give comfort and healing to William, Mark, Andrew and family, Sally, Tom, Carol, Francine, Sophia, Sarah, Anthony, Melissa, Caroline, Emma, Peter, Jennifer, Adrian and family, Melvyn, Ian, Jim, Nick, John, Martin and Sam and all who suffer
and all who watch the suffering of those they love.

Amen

The apostle John saw a vision of a woman in heaven,
robed with the sun.
Welcome Tim and all those who have died in the faith of Christ into your heavenly kingdom.
Comfort Jutta and all who mourn in the knowledge that all the faithful departed now share the joy of heaven with Mary and all the saints.

Amen

The Grace (2 Corinthians 13)

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.