

# **The Community of St Stephen Walbrook**



## **Morning Prayer**

### ***The Book of Common Prayer***

**9am Wednesday 25<sup>th</sup> August 2021**

***Free dial-in on 0330 9981 320 - access code: 464351#.***

***Introduction***

Beloved, we are come together in the presence of almighty God and of the whole company of heaven to offer unto him through our Lord Jesus Christ our worship and praise and thanksgiving; to make confession of our sins; to pray, as well for others as for ourselves, that we may know more truly the greatness of God's love and shew forth in our lives the fruits of his grace; and to ask on behalf of all men such things as their well-being doth require. Wherefore let us sit in silence, and remember God's presence with us now.

**Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.**

O Lord, open thou our lips.  
**And our mouth shall shew forth thy praise.**

O God, make speed to save us.  
**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost;  
**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Praise ye the Lord.  
**The Lord's Name be praised.**

### *The Venite – Psalm 95*

**O come, let us sing unto the Lord :  
let us heartily rejoice in the strength of our salvation.  
Let us come before his presence with thanksgiving :  
and show ourselves glad in him with psalms.  
For the Lord is a great God :  
and a great King above all gods.  
In his hand are all the corners of the earth :  
and the strength of the hills is his also.  
The sea is his, and he made it :  
and his hands prepared the dry land.  
O come, let us worship and fall down :  
and kneel before the Lord our Maker.  
For he is the Lord our God :  
and we are the people of his pasture, and the sheep of his hand.**

**Glory be to the Father, and to the Son :  
and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be:  
world without end. Amen.**

**Psalm 119, verses 33-44**

33 Teach me, O Lord, the way of thy statutes \*  
and I shall keep it unto the end.

**34 Give me understanding, and I shall keep thy law \*  
yea, I shall keep it with my whole heart.**

35 Make me to go in the path of thy commandments \*  
for therein is my desire.

**36 Incline my heart unto thy testimonies \*  
and not to covetousness.**

37 O turn away mine eyes, lest they behold vanity \*  
and quicken thou me in thy way.

**38 O stablish thy word in thy servant \*  
that I may fear thee.**

39 Take away the rebuke that I am afraid of \*  
for thy judgements are good.

**40 Behold, my delight is in thy commandments \*  
O quicken me in thy righteousness.**

41 Let thy loving mercy come also unto me, O Lord \*  
even thy salvation, according unto thy word.

**42 So shall I make answer unto my blasphemers \*  
for my trust is in thy word.**

43 O take not the word of thy truth utterly out of my mouth \*  
for my hope is in thy judgements.

**44 So shall I always keep thy law \*  
yea, for ever and ever.**

**Glory be to the Father, and to the Son :  
and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be :  
world without end. Amen.**

***First reading: Proverbs 18:10***

The name of the Lord is a strong tower: the righteous runneth into it, and is safe.  
The rich man's wealth is his strong city, and as an high wall in his own conceit.  
Before destruction the heart of man is haughty, and before honour is humility.  
He that answereth a matter before he heareth it, it is folly and shame unto him.  
The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?  
The heart of the prudent getteth knowledge; and the ear of the wise seeketh knowledge.  
A man's gift maketh room for him, and bringeth him before great men.

He that is first in his own cause seemeth just; but his neighbour cometh and searcheth him.  
The lot causeth contentions to cease, and parteth between the mighty.  
A brother offended is harder to be won than a strong city: and their contentions are like the bars of a castle.  
A man's belly shall be satisfied with the fruit of his mouth; and with the increase of his lips shall he be filled.  
Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.  
Whoso findeth a wife findeth a good thing, and obtaineth favour of the Lord.  
The poor useth intreaties; but the rich answereth roughly.  
A man that hath friends must shew himself friendly: and there is a friend that sticketh closer than a brother.

***Second reading: Mark 7:14-23***

And when Jesus had called all the people unto him, he said unto them, Hearken unto me every one of you, and understand:  
There is nothing from without a man, that entering into him can defile him: but the things which come out of him, those are they that defile the man.  
If any man have ears to hear, let him hear.  
And when he was entered into the house from the people, his disciples asked him concerning the parable.  
And he saith unto them, Are ye so without understanding also? Do ye not perceive, that whatsoever thing from without entereth into the man, it cannot defile him;  
Because it entereth not into his heart, but into the belly, and goeth out into the draught, purging all meats?  
And he said, That which cometh out of the man, that defileth the man.  
For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:  
All these evil things come from within, and defile the man.

***Benedictus***

**Blessed be the Lord God of Israel : for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us : in the house of his servant David;  
As he spake by the mouth of his holy Prophets : which have been since the world began;  
That we should be saved from our enemies : and from the hand of all that hate us.  
To perform the mercy promised to our forefathers : and to remember his holy Covenant;  
To perform the oath which he swore to our forefather Abraham : that he would give us;  
That we being delivered out of the hand of our enemies : might serve him without fear;  
In holiness and righteousness before him : all the days of our life.  
And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the Lord to prepare his ways;  
To give knowledge of salvation unto his people : for the remission of their sins,  
Through the tender mercy of our God : whereby the day-spring from on high hath visited us;  
To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the way of peace.**

**Glory be to the Father, and to the Son : and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be : world without end. Amen.**

The Lord be with you.

**And with thy spirit.**

Let us pray.

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.

**And grant us thy salvation.**

O Lord, save the Queen.

**And mercifully hear us when we call upon thee.**

Endue thy Ministers with righteousness.

**And make thy chosen people joyful.**

O Lord, save thy people.

**And bless thine inheritance.**

Give peace in our time, O Lord.

**Because there is none other that fighteth for us, but only thou, O God.**

O God, make clean our hearts within us.

**And take not thy Holy Spirit from us.**

### ***The Collect of the Day***

Almighty and everlasting God, who art always more ready to hear than we to pray, and art wont to give more than either we desire, or deserve; Pour down upon us the abundance of thy mercy; forgiving us those things whereof our conscience is afraid, and giving us those good things which we are not worthy to ask, but through the merits and mediation of Jesus Christ, thy Son, our Lord. **Amen.**

### ***The Second Collect, for Peace***

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

### ***The Third Collect, for Grace***

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

### ***Prayers***

#### ***The Grace (2 Corinthians 13)***

**The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.**