

# **The Community of St Stephen Walbrook**



**Sung Eucharist for  
Trinity 6**

**12.45pm**

**Thursday 15<sup>th</sup> July 2021**

## **The Eucharist**

Welcome to our celebration of the Eucharist at St Stephen Walbrook.

On the night before he died, Jesus gathered his friends in the upper room in Jerusalem to share with them the Passover meal. In the accounts in the gospels and in the First letter to the Corinthians, Jesus gives thanks and blesses bread and breaks it and then blesses wine. He then distributes these gifts with the words now used at the heart of the Eucharist: "Do this in remembrance of me."

Eucharist is a Greek word meaning "Thanksgiving". It is used throughout the church to mean the celebration of Holy Communion. It is a good word to describe the action of the service because the emphasis is in giving thanks to Almighty God for Jesus Christ, his life, teaching, death and resurrection. The act of celebrating Holy Communion is known as a sacrament and along with other actions the church uses. Sacraments are outward and visible signs of God's love for each one of us.

The service of Holy Communion and the command to baptize in his name are known as the Dominical commands in the gospels. In other words, Jesus leaves his followers two basic guides to follow in his footsteps, Baptism and the Eucharist. It is implicit in all this that the words and actions of Jesus are the basis of all Christian activity and that the Word and Sacraments are the cornerstones of faith.

At St Stephen Walbrook, we gather weekly to celebrate the Eucharist as a sign of our love for God and our unity with one another. We do so around a great symbol of faith, the Henry Moore altar, and in the church designed by Sir Christopher Wren to replace the previous building destroyed in the Great Fire of 1666.

The service is taken from the 1928 Prayer Book, which is based on the liturgical blueprint for Anglicanism, the 1662 Book of Common Prayer.

We hope that you find your time at St Stephen Walbrook rewarding and inspiring and we invite you to pray for God's world and his church.

**Celebrant & Preacher:** Revd Stephen Baxter

**Soloist:** Victoria Meteyard

**Organist:** Ben Giddens

**Mass setting:** New English Folk Mass from the New English Hymnal

*Please stand at the start of the Introit*

***Introit: Come, thou fount of every blessing by Robert Robinson (1735-90)***

**Almighty God,  
unto whom all hearts be open,  
all desires known,  
and from whom no secrets are hid:  
cleanse the thoughts of our hearts  
by the inspiration of thy Holy Spirit,  
that we may perfectly love thee,  
and worthily magnify thy holy name;  
through Christ our Lord.  
Amen.**

*Please sit down.*

***The soloist sings the Kyrie***

Lord have mercy  
Christ have mercy  
Lord have mercy

**The Ministry of the Word**

The Lord be with you  
**And with thy spirit**

Let us pray

***The Collect***

O God, who hast prepared for them that love thee such good things as pass man's understanding; Pour into our hearts such love toward thee, that we, loving thee above all things, may obtain thy promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

***Epistle: Ephesians 1:3-14***

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all

wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

This is the word of the Lord

**Thanks be to God.**

***The Gospel: Mark 6:14-29***

The holy Gospel is written in the 6<sup>th</sup> chapter of the Gospel according to St Mark, beginning at the 14<sup>th</sup> verse.

**Glory be to thee, O Lord**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the gospel of the Lord  
**Praise be to thee, O Christ**

***Address***

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

*No collection will be taken during the service, however we would be very grateful if you would make a donation to the work of the church at the end of the service by cash or contactless payment.*

*The soloist sings*

***The Offertory Hymn***

O Love divine, how sweet thou art!  
When shall I find my longing heart  
All taken up by thee?  
I thirst, I faint and die to prove  
The greatness of redeeming love,  
The love of Christ to me.

Stronger his love than death or hell;  
Its riches are unsearchable:  
The first-born sons of light  
Desire in vain its depth to see;  
They cannot reach the mystery,  
The length and breadth and height.

God only knows the love of God;  
O that it now were shed abroad  
In this poor stony heart!  
For love I sigh, for love I pine;  
This only portion, Lord, be mine,  
Be mine this better part.

For ever would I take my seat  
With Mary at the Master's feet:  
Be this my happy choice;  
My only care, delight, and bliss,  
My joy, my heaven on earth, be this,  
To hear the Bridegroom's voice.

*Charles Wesley (1707-88)*

*Tune: Cornwall by Samuel Sebastian Wesley (1810-76)*

### ***Intercessions***

Lord in your mercy  
**Hear our prayer**

**Merciful Father  
Accept these prayers  
For the sake of your Son  
Our Saviour, Jesus Christ, Amen.**

### ***Invitation to Confession***

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

### ***The Confession***

**Almighty God,  
Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
w e acknowledge and bewail  
our manifold sins and wickedness,  
which we, from time to time,  
most grievously have committed,  
by thought, word and deed,  
against thy divine majesty,  
provoking most justly thy wrath  
and indignation against us.  
W e do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us;  
the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honour and glory of thy name;  
through Jesus Christ our Lord. Amen**

### ***The Absolution***

Almighty God, our heavenly Father,  
who of his great mercy  
hath promised forgiveness of sins to all them that  
with hearty repentance and true faith turn unto him:  
have mercy upon you;  
pardon and deliver you from all your sins;  
confirm and strengthen you in all goodness;  
and bring you to everlasting life; through Jesus Christ our Lord. **Amen**

### ***The Comfortable Words***

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.

*(St. Matt. xi. 28)*

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

*(St. John iii. 16)*

### ***The Prayer of Humble Access***

**W e do not presume  
to come to this thy table, O merciful Lord,  
trusting in our own righteousness,  
but in thy manifold and great mercies.  
W e are not worthy so much as to gather up  
the crumbs under thy table.  
But thou art the same Lord,  
whose property is always to have mercy:  
grant us therefore, gracious Lord,  
so to eat the flesh of thy dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.**

## **The Ministry of the Sacrament**

The Lord be with you

**And with thy spirit**

Lift up your hearts

**We lift them up unto the Lord**

Let us give thanks unto our Lord God

**It is meet and right so to do**

It is very meet, right and our bounden duty,  
that we should at all times, and in all places,  
give thanks unto thee, O Lord, holy Father,  
almighty, everlasting God.

Therefore, with angels and archangels,  
and with all the company of heaven,  
we laud and magnify thy glorious name,  
evermore praising thee, and singing:

### ***The soloist sings the Sanctus and the Benedictus***

Holy, holy, holy, Lord God of hosts,  
heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord  
Hosanna in the highest.

### ***The Prayer of Consecration***

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; and did institute, and in his holy gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood:

Who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my body which is given for you: do this in remembrance of me.



Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my blood of the new testament, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy communion, may be fulfilled with thy grace and heavenly benediction through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father almighty, world without end. **Amen**

And now as our Saviour Christ hath commanded and taught us, we are bold to say:

**Our Father, which art in heaven  
hallowed be thy name;  
thy kingdom come;  
thy will be done,  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive them that trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

### ***The distribution of Holy Communion***

The Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

*You are warmly invited to receive the bread of communion.  
Please sanitise your hands at the back of the church and then gather socially distanced around the altar either kneeling or standing.*

### ***The soloist sings the Agnus Dei***

Lamb of God, that takest away the sins of the world, have mercy upon us.  
Lamb of God, that takest away the sins of the world, have mercy upon us.  
Lamb of God, that takest away the sins of the world, grant us thy peace.

***Communion motet: Give us the wings of faith by James Whitbourn (b.1963)***

***Prayer after Communion***

Almighty and ever-living God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

***The Blessing***

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son, and the Holy Ghost, be amongst you and all those whom you love, today and always. **Amen.**

***Anthem: A Clare Benediction by John Rutter (b.1945)***

**Week commencing 19<sup>th</sup> July 2021 at St Stephen Walbrook**

**The church is open for private prayer from 10.30am-3.30pm on Tuesday to Friday this week**

**Tuesday**

1pm – Walbrook Music Trust Concert

Jane Gilbert, Flute, Alto flute & Piccolo, Neil Wright, Organ & Piano

Works by Handel, Vivaldi, Ravel, Busser, Schubert, Messiaen, Rimsky-Korsakov and Anon.

Audio file of Start:Stop reflection released on website

**Wednesday**

9am - Morning Prayer from the Book of Common Prayer by conference call.

All welcome to dial in:

Free dial-in on 0330 9981 320 - access code: 464351#

**Thursday**

12.45-1.30pm – Sung Eucharist

**Friday**

12.30-1.15pm – Organ Recital by John Webber

**Saturday**

Video of Sung Eucharist released on website

**Morning and Night Prayer are available every day through the London Internet Church section of the church's website:**

**<https://ststephenwalbrook.net/internet-church/>**

**Contact:**

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QR code for making donations to the work of the church

