

The Community of St Stephen Walbrook



**Sung Eucharist for the
1st Sunday in Lent**

**Recorded on
Thursday 25th February 2021**

Celebrant and preacher: Revd Stephen Baxter, Priest-in-Charge

Music recorded by: St Stephen Voices, directed and produced by Dr Andrew Earis

Mass setting: Mass of St Cedd by Peter Nardone

Cover image: Christ and the centurion by Paolo Veronese, c.1575

Week commencing 1st March 2021 at St Stephen Walbrook

Tuesday

Audio file of Start:Stop reflection released on website

Wednesday

9am - Morning Prayer from the Book of Common Prayer by conference call.

All welcome to dial in:

Free dial-in on 0330 9981 320 - access code: 464351#

Thursday

7.30pm – 8.30pm – Signs of Life – an exploration of John’s Gospel on Thursdays in Lent – community bible study by zoom closing with Compline

All welcome to join: <https://us02web.zoom.us/j/7739658327>.

Saturday

Video of Sung Eucharist released on website

Morning and Night are available every day through the London Internet Church section of the church’s website: <https://ststephenwalbrook.net/internet-church/>

Contact:

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Introit: Lent Prose

Hear us, O Lord, have mercy upon us:
for we have sinned against thee.

To thee, Redeemer, on thy throne of glory:
lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications.
Refrain

O thou chief Corner-stone, Right Hand of the Father
Way of Salvation, Gate of Life Celestial
cleanse thou our sinful souls from all defilement.
Refrain

God, we implore thee, in thy glory seated
bow down and hearken to thy weeping children
pity and pardon all our grievous trespasses.
Refrain

Sins oft committed now we lay before thee
with true contrition, now no more we veil them
grant us, Redeemer, loving absolution.
Refrain

Innocent, captive, taken unresisting
falsely accused, and for us sinners sentenced,
save us, we pray thee, Jesu our Redeemer.
Refrain

*'Attende, Domine', anonymous Latin from the Mozarabic Breviary (5th to 8th century),
compiled by Dom Pothier (fl.1824)*

The Welcome

Almighty God,
unto whom all hearts be open,
all desires known,
and from whom no secrets are hid:
cleanse the thoughts of our hearts
by the inspiration of thy Holy Spirit,
that we may perfectly love thee,
and worthily magnify thy holy name;
through Christ our Lord.
Amen

The choir sings the Kyrie

Lord have mercy
Christ have mercy
Lord have mercy

The Ministry of the Word

The Lord be with you
And with thy spirit

Let us pray

The Collect

O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end.
Amen

Epistle

1 Peter 3:18-end

For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit. After being made alive, he went and made proclamation to the imprisoned spirits—to those who were disobedient long ago when God waited patiently in the days of Noah while the ark was being built. In it only a few people, eight in all, were saved through water, and this water symbolizes baptism that now saves you also—not the removal of dirt from the body but the pledge of a clear conscience toward God. It saves you

by the resurrection of Jesus Christ, who has gone into heaven and is at God's right hand—with angels, authorities and powers in submission to him.

This is the word of the Lord

Thanks be to God.

The Gospel

The holy Gospel is written in the 4th chapter of the Gospel according to St John, beginning at the 46th verse.

Glory be to thee, O Lord

Then he came again to Cana in Galilee where he had changed the water into wine. Now there was a royal official whose son lay ill in Capernaum. When he heard that Jesus had come from Judea to Galilee, he went and begged him to come down and heal his son, for he was at the point of death. Then Jesus said to him, "Unless you see signs and wonders you will not believe." The official said to him, "Sir, come down before my little boy dies." Jesus said to him, "Go; your son will live." The man believed the word that Jesus spoke to him and started on his way. As he was going down, his slaves met him and told him that his child was alive. So he asked them the hour when he began to recover, and they said to him, "Yesterday at one in the afternoon the fever left him." The father realized that this was the hour when Jesus had said to him, "Your son will live." So he himself believed, along with his whole household. Now this was the second sign that Jesus did after coming from Judea to Galilee.

This is the gospel of the Lord

Praise be to thee, O Christ

Address

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Offertory hymn: Be thou my guardian and my guide

Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.

The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.

And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.

Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.

Isaac Williams (1802-1865)

Intercessions

Invitation to Confession

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

The Confession

**Almighty God,
Father of our Lord Jesus Christ,
maker of all things, judge of all men:
we acknowledge and bewail
our manifold sins and wickedness,
which we, from time to time,
most grievously have committed,
by thought, word and deed,
against thy divine majesty,
provoking most justly thy wrath
and indignation against us.
We do earnestly repent,
and are heartily sorry for these our misdoings;
the remembrance of them is grievous unto us;
the burden of them is intolerable.
Have mercy upon us,
have mercy upon us, most merciful Father;
for thy Son our Lord Jesus Christ's sake,
forgive us all that is past;**

**and grant that we may ever hereafter
serve and please thee in newness of life,
to the honour and glory of thy name;
through Jesus Christ our Lord. Amen**

The Absolution

Almighty God, our heavenly Father,
who of his great mercy
hath promised forgiveness of sins to all them that
with hearty repentance and true faith turn unto him:
have mercy upon you;
pardon and deliver you from all your sins;
confirm and strengthen you in all goodness;
and bring you to everlasting life;
through Jesus Christ our Lord. **Amen**

The Comfortable Words

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.
(*St. Matt. xi. 28*)

So God loved the world, that he gave his only-begotten Son, to the end that all that
believe in him should not perish, but have everlasting life.
(*St. John iii. 16*)

The Prayer of Humble Access

**We do not presume
to come to this thy table, O merciful Lord,
trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy so much as to gather up
the crumbs under thy table.
But thou art the same Lord,
whose property is always to have mercy:
grant us therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us. Amen.**

The Ministry of the Sacrament

The Lord be with you

And with thy spirit

Lift up your hearts

We lift them up unto the Lord

Let us give thanks unto our Lord God

It is meet and right so to do

It is very meet, right and our bounden duty,
that we should at all times, and in all places,
give thanks unto thee, O Lord, holy Father,
almighty, everlasting God.

Therefore, with angels and archangels,
and with all the company of heaven,
we laud and magnify thy glorious name,
evermore praising thee, and singing:

The choir sings the Sanctus and Benedictus

Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord
Hosanna in the highest.

The Prayer of Consecration

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; and did institute, and in his holy gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood:

Who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my blood of the new testament, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy communion, may be fulfilled with thy grace and heavenly benediction through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father almighty, world without end. **Amen**

And now as our Saviour Christ hath commanded and taught us, we are bold to say

**Our Father, which art in heaven
hallowed be thy name;
thy kingdom come;
thy will be done,
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The distribution of Holy Communion

The choir sings the Agnus Dei

Lamb of God, that takest away the sins of the world, have mercy upon us.
Lamb of God, that takest away the sins of the world, have mercy upon us.
Lamb of God, that takest away the sins of the world, grant us thy peace.

Communion hymn: Just as I am, without one plea

Just as I am, without one plea
But that thy blood was shed for me,
And that thou bidd'st me come to thee,
O Lamb of God, I come.

Just as I am, though tossed about
With many a conflict, many a doubt,
Fightings within, and fears without,
O Lamb of God, I come.

Just as I am, poor, wretched, blind;
Sight, riches, healing of the mind,
Yea all I need, in thee to find,
O Lamb of God, I come.

Just as I am, thou wilt receive,
Wilt welcome, pardon, cleanse, relieve:
Because thy promise I believe,
O Lamb of God, I come! I come!

Just as I am (thy love unknown
Has broken every barrier down),
Now to be thine, yea thine alone,
O Lamb of God, I come.

Just as I am, of that free love
The breadth, length, depth and height to prove,
Here for a season then above,
O Lamb of God, I come.

Charlotte Elliott (1789-1871)

Tune: Saffron Walden by Arthur Henry Brown (1830-1926)

Prayer after Communion

Almighty and ever-living God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy

dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

The Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son, and the Holy Ghost, be amongst you and all those whom you love, today and always. **Amen.**

Anthem : God of hope and Lord of healing by Margaret Rizza (b.1929)