

# **The Community of St Stephen Walbrook**



**Sung Eucharist for the  
2<sup>nd</sup> Sunday in Lent**

**Recorded on  
Thursday 4<sup>th</sup> March 2021**

**Celebrant and preacher:** Revd Stephen Baxter, Priest-in-Charge

**Music recorded by:** St Stephen Voices, directed and produced by Dr Andrew Earis

**Mass setting:** Mass of St Thomas by David Thorne

*Cover image: The Miracle of the Loaves and Fishes by Lambert Lombard (1505-66)*

***Week commencing 8<sup>th</sup> March 2021 at St Stephen Walbrook***

***Tuesday***

*Audio file of Start:Stop reflection released on website*

***Wednesday***

*9am - Morning Prayer from the Book of Common Prayer by conference call.*

*All welcome to dial in:*

*Free dial-in on 0330 9981 320 - access code: 464351#*

***Thursday***

*7.30pm – 8.30pm – Signs of Life – an exploration of John’s Gospel on Thursdays in Lent – community bible study by zoom closing with Compline*

*All welcome to join: <https://us02web.zoom.us/j/7739658327>.*

***Saturday***

*Video of Sung Eucharist released on website*

***Morning and Night are available every day through the London Internet Church section of the church’s website: <https://ststephenwalbrook.net/internet-church/>***

***Contact:***

*Website: <https://ststephenwalbrook.net>*

*Email: [priest@ststephenwalbrook.net](mailto:priest@ststephenwalbrook.net)*

*Phone: 07739658327*

***Introit: Drop, drop slow tears by Orlando Gibbons (1583-1625)***

***The Welcome***

Almighty God,  
unto whom all hearts be open,  
all desires known,  
and from whom no secrets are hid:  
cleanse the thoughts of our hearts  
by the inspiration of thy Holy Spirit,  
that we may perfectly love thee,  
and worthily magnify thy holy name;  
through Christ our Lord.  
Amen

***The choir sings the Kyrie***

Lord have mercy  
Christ have mercy  
Lord have mercy

**The Ministry of the Word**

The Lord be with you  
**And with thy spirit**

Let us pray

***The Collect***

Almighty God, who seest that we have no power of ourselves to help ourselves:  
Keep us both outwardly in our bodies, and inwardly in our souls; that we may be  
defended from all adversities which may happen to the body, and from all evil  
thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen**

***Epistle: Romans 4:13-end***

For the promise that he would inherit the world did not come to Abraham or to his  
descendants through the law but through the righteousness of faith.

If it is the adherents of the law who are to be the heirs, faith is null and the promise  
is void. For the law brings wrath; but where there is no law, neither is there  
violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hoping against hope, he believed that he would become “the father of many nations,” according to what was said, “So numerous shall your descendants be.” He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith “was reckoned to him as righteousness.” Now the words, “it was reckoned to him,” were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

This is the word of the Lord

**Thanks be to God.**

### ***The Gospel: John 6:1-21***

The holy Gospel is written in the 6<sup>th</sup> chapter of the Gospel according to St John, beginning at the 1<sup>st</sup> verse.

### **Glory be to thee, O Lord**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, “Where are we to buy bread for these people to eat?” He said this to test him, for he himself knew what he was going to do. Philip answered him, “Six months’ wages would not buy enough bread for each of them to get a little.” One of his disciples, Andrew, Simon Peter’s brother, said to him, “There is a boy here who has five barley loaves and two fish. But what are they among so many people?” Jesus said, “Make the people sit down.” Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, “Gather up the fragments left over, so that nothing may be lost.”

So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world." When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

This is the gospel of the Lord  
**Praise be to thee, O Christ**

***Address***

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

***Offertory hymn: Guide me O thou great redeemer***

Guide me, O thou great Redeemer,  
pilgrim through this barren land;  
I am weak, but thou art mighty,  
hold me with thy powerful hand:  
bread of heaven,  
feed me now and evermore.

Open now the crystal fountain  
whence the healing stream doth flow;  
let the fiery, cloudy pillar  
lead me all my journey through:  
strong deliverer,  
be thou still my strength and shield.

When I tread the verge of Jordan  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side:  
songs of praises  
I will ever give to thee.  
*William Williams (1717-1791)*  
*Tune: Cwm Rhondda by John Hughes ( 1873-1932)*

### ***Intercessions***

#### ***Invitation to Confession***

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

#### ***The Confession***

**Almighty God,  
Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
we acknowledge and bewail  
our manifold sins and wickedness,  
which we, from time to time,  
most grievously have committed,  
by thought, word and deed,  
against thy divine majesty,  
provoking most justly thy wrath  
and indignation against us.  
We do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us;  
the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honour and glory of thy name;  
through Jesus Christ our Lord. Amen**

### ***The Absolution***

Almighty God, our heavenly Father,  
who of his great mercy  
hath promised forgiveness of sins to all them that  
with hearty repentance and true faith turn unto him:  
have mercy upon you;  
pardon and deliver you from all your sins;  
confirm and strengthen you in all goodness;  
and bring you to everlasting life;  
through Jesus Christ our Lord. **Amen**

### ***The Comfortable Words***

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.  
(*St. Matt. xi. 28*)

So God loved the world, that he gave his only-begotten Son, to the end that all that  
believe in him should not perish, but have everlasting life.  
(*St. John iii. 16*)

### ***The Prayer of Humble Access***

**We do not presume  
to come to this thy table, O merciful Lord,  
trusting in our own righteousness,  
but in thy manifold and great mercies.  
We are not worthy so much as to gather up  
the crumbs under thy table.  
But thou art the same Lord,  
whose property is always to have mercy:  
grant us therefore, gracious Lord,  
so to eat the flesh of thy dear Son Jesus Christ,  
and to drink his blood,  
that our sinful bodies may be made clean by his body,  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us. Amen.**

## **The Ministry of the Sacrament**

The Lord be with you

**And with thy spirit**

Lift up your hearts

**We lift them up unto the Lord**

Let us give thanks unto our Lord God

**It is meet and right so to do**

It is very meet, right and our bounden duty,  
that we should at all times, and in all places,  
give thanks unto thee, O Lord, holy Father,  
almighty, everlasting God.

Therefore, with angels and archangels,  
and with all the company of heaven,  
we laud and magnify thy glorious name,  
evermore praising thee, and singing:

### ***The choir sings the Sanctus and Benedictus***

Holy, holy, holy, Lord God of hosts,  
heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord  
Hosanna in the highest.

### ***The Prayer of Consecration***

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; and did institute, and in his holy gospel command us to continue, a perpetual memory of that his precious death, until his coming again:

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood:



Who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my body which is given for you: do this in remembrance of me.

Likewise after supper he took the cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my blood of the new testament, which is shed for you and for many for the remission of sins: do this, as oft as ye shall drink it, in remembrance of me.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy communion, may be fulfilled with thy grace and heavenly benediction through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father almighty, world without end. **Amen**

And now as our Saviour Christ hath commanded and taught us, we are bold to say

**Our Father, which art in heaven  
hallowed be thy name;  
thy kingdom come;  
thy will be done,  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive them that trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

### ***The distribution of Holy Communion***

#### ***The choir sings the Agnus Dei***

Lamb of God, that takest away the sins of the world, have mercy upon us.  
Lamb of God, that takest away the sins of the world, have mercy upon us.  
Lamb of God, that takest away the sins of the world, grant us thy peace.

#### ***Communion motet: God so loved the world by John Stainer (1840-1901)***

### ***Prayer after Communion***

Almighty and ever-living God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

### ***The Blessing***

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, the Father, the Son, and the Holy Ghost, be amongst you and all those whom you love, today and always. **Amen.**

### ***Hymn: Praise to the holiest in the height***

Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

O loving wisdom of our God!  
when all was sin and shame,  
a second Adam to the fight  
and to the rescue came.

O generous love! that he, who smote  
in man for man the foe,  
the double agony in man  
for man should undergo;

And in the garden secretly,  
and on the Cross on high,  
should teach his brethren, and inspire  
to suffer and to die.

Praise to the Holiest in the height,  
and in the depth be praise:  
in all his words most wonderful,  
most sure in all his ways.

*John Henry Newman (1801-1890)*

*Tune: JB Dykes (1823-76)*