

# **The Community of St Stephen Walbrook**



## **Morning Prayer**

### ***The Book of Common Prayer***

**9.00 am Wednesday 30th September 2020**

*Jerome, Monk*

***Free dial-in on 0330 9981 320 - access code: 464351#***

## ***Introduction***

Beloved, we are come together in the presence of almighty God and of the whole company of heaven to offer unto him through our Lord Jesus Christ our worship and praise and thanksgiving; to make confession of our sins; to pray, as well for others as for ourselves, that we may know more truly the greatness of God's love and shew forth in our lives the fruits of his grace; and to ask on behalf of all men such things as their well-being doth require. Wherefore let us sit in silence, and remember God's presence with us now.

**Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.**

O Lord, open thou our lips.

**And our mouth shall shew forth thy praise.**

O God, make speed to save us.

**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost;

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Praise ye the Lord.

**The Lord's Name be praised.**

## ***The Venite – Psalm 95***

**O come, let us sing unto the Lord :**

**let us heartily rejoice in the strength of our salvation.**

**Let us come before his presence with thanksgiving :**

**and show ourselves glad in him with psalms.**

**For the Lord is a great God :**

**and a great King above all gods.**

**In his hand are all the corners of the earth :**

**and the strength of the hills is his also.**

**The sea is his, and he made it :**

**and his hands prepared the dry land.**

**O come, let us worship and fall down :**

**and kneel before the Lord our Maker.**

**For he is the Lord our God :**

**and we are the people of his pasture, and the sheep of his hand.**

**Glory be to the Father, and to the Son :**

**and to the Holy Ghost;**

**As it was in the beginning, is now, and ever shall be:**

**world without end. Amen.**

## Psalm 146

- 1 Praise the Lord, O my soul; while I live will I praise the Lord \*  
yea, as long as I have any being, I will sing praises unto my God.
- 2 **O put not your trust in princes, nor in any child of man \*  
for there is no help in them**
- 3 For when the breath of man goeth forth he shall turn again to his earth \*  
and then all his thoughts perish.
- 4 **Blessed is he that hath the God of Jacob for his help \*  
and whose hope is in the Lord his God;**
- 5 Who made heaven and earth, the sea, and all that therein is \*  
who keepeth his promise for ever.
- 6 **Who helpeth them to right that suffer wrong \*  
who feedeth the hungry.**
- 7 The Lord looseth men out of prison \*  
the Lord giveth sight to the blind.
- 8 **The Lord helpeth them that are fallen \*  
the Lord careth for the righteous.**
- 9 The Lord careth for the strangers; he defendeth the fatherless and widow \*  
as for the way of the ungodly, he turneth it upside down.
- 10 **The Lord thy God, O Sion, shall be King for evermore \*  
and throughout all generations.**

**Glory be to the Father, and to the Son :  
and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be :  
world without end. Amen.**

### ***First reading: 1 Kings 17***

And Elijah the Tishbite, who was of the inhabitants of Gilead, said unto Ahab, As the Lord God of Israel liveth, before whom I stand, there shall not be dew nor rain these years, but according to my word.

And the word of the Lord came unto him, saying,  
Get thee hence, and turn thee eastward, and hide thyself by the brook Cherith, that is before Jordan.  
And it shall be, that thou shalt drink of the brook; and I have commanded the ravens to feed thee there.  
So he went and did according unto the word of the Lord: for he went and dwelt by the brook Cherith,  
that is before Jordan.

And the ravens brought him bread and flesh in the morning, and bread and flesh in the evening; and he drank of the brook.

And it came to pass after a while, that the brook dried up, because there had been no rain in the land.

And the word of the Lord came unto him, saying,  
Arise, get thee to Zarephath, which belongeth to Zidon, and dwell there: behold, I have commanded a widow woman there to sustain thee.  
So he arose and went to Zarephath. And when he came to the gate of the city, behold, the widow woman was there gathering of sticks: and he called to her, and said, Fetch me, I pray thee, a little water in a vessel, that I may drink.  
And as she was going to fetch it, he called to her, and said, Bring me, I pray thee, a morsel of bread in thine hand.  
And she said, As the Lord thy God liveth, I have not a cake, but an handful of meal in a barrel, and a little oil in a cruse: and, behold, I am gathering two sticks, that I may go in and dress it for me and my son, that we may eat it, and die.  
And Elijah said unto her, Fear not; go and do as thou hast said: but make me thereof a little cake first, and bring it unto me, and after make for thee and for thy son.  
For thus saith the Lord God of Israel, The barrel of meal shall not waste, neither shall the cruse of oil fail, until the day that the Lord sendeth rain upon the earth.  
And she went and did according to the saying of Elijah: and she, and he, and her house, did eat many days.  
And the barrel of meal wasted not, neither did the cruse of oil fail, according to the word of the Lord, which he spake by Elijah.  
And it came to pass after these things, that the son of the woman, the mistress of the house, fell sick; and his sickness was so sore, that there was no breath left in him.  
And she said unto Elijah, What have I to do with thee, O thou man of God? art thou come unto me to call my sin to remembrance, and to slay my son?  
And he said unto her, Give me thy son. And he took him out of her bosom, and carried him up into a loft, where he abode, and laid him upon his own bed.  
And he cried unto the Lord, and said, O Lord my God, hast thou also brought evil upon the widow with whom I sojourn, by slaying her son?  
And he stretched himself upon the child three times, and cried unto the Lord, and said, O Lord my God, I pray thee, let this child's soul come into him again.  
And the Lord heard the voice of Elijah; and the soul of the child came into him again, and he revived.  
And Elijah took the child, and brought him down out of the chamber into the house, and delivered him unto his mother: and Elijah said, See, thy son liveth.  
And the woman said to Elijah, Now by this I know that thou art a man of God, and that the word of the Lord in thy mouth is truth.

### ***Second reading: Acts 20.1-16***

And after the uproar was ceased, Paul called unto him the disciples, and embraced them, and departed for to go into Macedonia.

And when he had gone over those parts, and had given them much exhortation, he came into Greece, And there abode three months. And when the Jews laid wait for him, as he was about to sail into Syria, he purposed to return through Macedonia.

And there accompanied him into Asia Sopater of Berea; and of the Thessalonians, Aristarchus and Secundus; and Gaius of Derbe, and Timotheus; and of Asia, Tychicus and Trophimus.

These going before tarried for us at Troas.

And we sailed away from Philippi after the days of unleavened bread, and came unto them to Troas in five days; where we abode seven days.

And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.

And there were many lights in the upper chamber, where they were gathered together.

And there sat in a window a certain young man named Eutychus, being fallen into a deep sleep: and as Paul was long preaching, he sunk down with sleep, and fell down from the third loft, and was taken up dead.

And Paul went down, and fell on him, and embracing him said, Trouble not yourselves; for his life is in him.

When he therefore was come up again, and had broken bread, and eaten, and talked a long while, even till break of day, so he departed.

And they brought the young man alive, and were not a little comforted.

And we went before to ship, and sailed unto Assos, there intending to take in Paul: for so had he appointed, minding himself to go afoot.

And when he met with us at Assos, we took him in, and came to Mitylene.

And we sailed thence, and came the next day over against Chios; and the next day we arrived at Samos, and tarried at Trogyllium; and the next day we came to Miletus.

For Paul had determined to sail by Ephesus, because he would not spend the time in Asia: for he hasted, if it were possible for him, to be at Jerusalem the day of Pentecost.

### ***Benedictus***

**Blessed be the Lord God of Israel : for he hath visited and redeemed his people;**

**And hath raised up a mighty salvation for us : in the house of his servant David;**

**As he spake by the mouth of his holy Prophets : which have been since the world began;**

**That we should be saved from our enemies : and from the hand of all that hate us.**

**To perform the mercy promised to our forefathers : and to remember his holy Covenant;**

**To perform the oath which he sware to our forefather Abraham : that he would give us;**

**That we being delivered out of the hand of our enemies : might serve him without fear; In holiness and righteousness before him : all the days of our life.**

**And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the Lord to prepare his ways;**

**To give knowledge of salvation unto his people : for the remission of their sins,**

**Through the tender mercy of our God : whereby the day-spring from on high hath visited us;**

**To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the way of peace.**

**Glory be to the Father, and to the Son : and to the Holy Ghost;**

**As it was in the beginning, is now, and ever shall be : world without end. Amen.**

The Lord be with you.

**And with thy spirit.**

Let us pray.

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.

**And grant us thy salvation.**

O Lord, save the Queen.

**And mercifully hear us when we call upon thee.**

Endue thy Ministers with righteousness.

**And make thy chosen people joyful.**

O Lord, save thy people.

**And bless thine inheritance.**

Give peace in our time, O Lord.

**Because there is none other that fighteth for us, but only thou, O God.**

O God, make clean our hearts within us.

**And take not thy Holy Spirit from us.**

***The Collect of the day***

O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church; and, because it cannot continue in safety without thy succour, preserve it evermore by thy help and goodness; through Jesus Christ our Lord. **Amen.**

***The Second Collect, for Peace***

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

***The Third Collect, for Grace***

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

***Prayers***

***The Grace (2 Corinthians 13)***

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**