

The Community of St Stephen Walbrook



Morning Prayer

The Book of Common Prayer

9 am Wednesday, 29th July 2020

Free dial-in on 0330 9981 320 - access code: 464351#.

Introduction

Beloved, we are come together in the presence of almighty God and of the whole company of heaven to offer unto him through our Lord Jesus Christ our worship and praise and thanksgiving; to make confession of our sins; to pray, as well for others as for ourselves, that we may know more truly the greatness of God's love and shew forth in our lives the fruits of his grace; and to ask on behalf of all men such things as their well-being doth require. Wherefore let us sit in silence, and remember God's presence with us now.

Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.

O Lord, open thou our lips.

And our mouth shall shew forth thy praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Praise ye the Lord.

The Lord's Name be praised.

The Venite – Psalm 95

O come, let us sing unto the Lord :

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving :

and show ourselves glad in him with psalms.

For the Lord is a great God :

and a great King above all gods.

In his hand are all the corners of the earth :

and the strength of the hills is his also.

The sea is his, and he made it :

and his hands prepared the dry land.

O come, let us worship and fall down :

and kneel before the Lord our Maker.

For he is the Lord our God :

and we are the people of his pasture, and the sheep of his hand.

Glory be to the Father, and to the Son :

and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be:

world without end. Amen.

Psalm 139 (verses 1-13)

1 O Lord, thou hast searched me out, and known me *
thou knowest my down-sitting, and mine up-rising; thou understandest my thoughts long before.

**2 Thou art about my path, and about my bed *
and spiest out all my ways.**

3 For lo, there is not a word in my tongue *
but thou, O Lord, knowest it altogether.

**4 Thou hast fashioned me behind and before *
and laid thine hand upon me.**

5 Such knowledge is too wonderful and excellent for me *
I cannot attain unto it.

**6 Whither shall I go then from thy Spirit *
or whither shall I go then from thy presence?**

7 If I climb up into heaven, thou art there *
if I go down to hell, thou art there also.

**8 If I take the wings of the morning *
and remain in the uttermost parts of the sea;**

9 Even there also shall thy hand lead me *
and thy right hand shall hold me.

**10 If I say, Peradventure the darkness shall cover me *
then shall my night be turned to day.**

11 Yea, the darkness is no darkness with thee, but the night is as clear as the day *
the darkness and light to thee are both alike.

**12 For my reins are thine *
thou hast covered me in my mother's womb.**

13 I will give thanks unto thee, for I am fearfully and wonderfully made *
marvellous are thy works, and that my soul knoweth right well.

**Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :
world without end. Amen.**

First reading: 1 Samuel 11

Then Nahash the Ammonite came up, and encamped against Jabeshgilead: and all the men of Jabesh said unto Nahash, Make a covenant with us, and we will serve thee.

And Nahash the Ammonite answered them, On this condition will I make a covenant with you, that I

may thrust out all your right eyes, and lay it for a reproach upon all Israel.

And the elders of Jabesh said unto him, Give us seven days' respite, that we may send messengers unto all the coasts of Israel: and then, if there be no man to save us, we will come out to thee.

Then came the messengers to Gibeah of Saul, and told the tidings in the ears of the people: and all the people lifted up their voices, and wept.

And, behold, Saul came after the herd out of the field; and Saul said, What aileth the people that they weep? And they told him the tidings of the men of Jabesh.

And the Spirit of God came upon Saul when he heard those tidings, and his anger was kindled greatly. And he took a yoke of oxen, and hewed them in pieces, and sent them throughout all the coasts of Israel by the hands of messengers, saying, Whosoever cometh not forth after Saul and after Samuel, so shall it be done unto his oxen. And the fear of the Lord fell on the people, and they came out with one consent.

And when he numbered them in Bezek, the children of Israel were three hundred thousand, and the men of Judah thirty thousand.

And they said unto the messengers that came, Thus shall ye say unto the men of Jabeshgilead, To morrow, by that time the sun be hot, ye shall have help. And the messengers came and shewed it to the men of Jabesh; and they were glad.

Therefore the men of Jabesh said, To morrow we will come out unto you, and ye shall do with us all that seemeth good unto you.

And it was so on the morrow, that Saul put the people in three companies; and they came into the midst of the host in the morning watch, and slew the Ammonites until the heat of the day: and it came to pass, that they which remained were scattered, so that two of them were not left together.

And the people said unto Samuel, Who is he that said, Shall Saul reign over us? bring the men, that we may put them to death.

And Saul said, There shall not a man be put to death this day: for to day the Lord hath wrought salvation in Israel.

Then said Samuel to the people, Come, and let us go to Gilgal, and renew the kingdom there.

And all the people went to Gilgal; and there they made Saul king before the Lord in Gilgal; and there they sacrificed sacrifices of peace offerings before the Lord; and there Saul and all the men of Israel rejoiced greatly.

Second reading: Luke 22:39-46

And he came out, and went, as he was wont, to the mount of Olives; and his disciples also followed him.

And when he was at the place, he said unto them, Pray that ye enter not into temptation.

And he was withdrawn from them about a stone's cast, and kneeled down, and prayed, Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.

And there appeared an angel unto him from heaven, strengthening him.

And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.

And when he rose up from prayer, and was come to his disciples, he found them sleeping for sorrow, And said unto them, Why sleep ye? rise and pray, lest ye enter into temptation.

Benedictus

**Blessed be the Lord God of Israel : for he hath visited and redeemed his people;
And hath raised up a mighty salvation for us : in the house of his servant David;
As he spake by the mouth of his holy Prophets : which have been since the world began;
That we should be saved from our enemies : and from the hand of all that hate us.**

To perform the mercy promised to our forefathers : and to remember his holy Covenant;
To perform the oath which he swore to our forefather Abraham : that he would give us;
That we being delivered out of the hand of our enemies : might serve him without fear;
In holiness and righteousness before him : all the days of our life.
And thou, Child, shalt be called the Prophet of the Highest : for thou shalt go before the face of the Lord to prepare his ways;
To give knowledge of salvation unto his people : for the remission of their sins,
Through the tender mercy of our God : whereby the day-spring from on high hath visited us;
To give light to them that sit in darkness, and in the shadow of death : and to guide our feet into the way of peace.

Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Lord be with you.

And with thy spirit.

Let us pray.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

O Lord, shew thy mercy upon us.

And grant us thy salvation.

O Lord, save the Queen.

And mercifully hear us when we call upon thee.

Endue thy Ministers with righteousness.

And make thy chosen people joyful.

O Lord, save thy people.

And bless thine inheritance.

Give peace in our time, O Lord.

Because there is none other that fighteth for us, but only thou, O God.

O God, make clean our hearts within us.

And take not thy Holy Spirit from us.

The Collect of the day

Lord of all power and might, who art the author and giver of all good things; Graft in our hearts the love of thy Name, increase in us true religion, nourish us with all goodness, and of thy great mercy keep us in the same; through Jesus Christ our Lord.

Amen.

The Second Collect, for Peace

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

The Third Collect, for Grace

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

Prayers

The Grace (2 Corinthians 13)

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**